



MOVING THE NEEDLE:

Building Inclusive Recreation And Sport Communities For Women And Girls

As part of our commitment to help achieve gender equity in recreation and community sport, CPRA, through generous funding from WAGE Canada, is working with communities across Canada to increase skills and knowledge to help make recreation spaces welcoming to people who identify as women and girls.

Through CPRA's Gender Equity in Recreation and Sport Community of Practice, we hope to provide opportunities for leaders to learn about, share, and implement best practices, lessons learned, and new ideas resulting in their ability to be meaningfully engaged in gender equity efforts in their communities.

Join us for the FRIDAY FORUMS!

Open Forum Fridays

Open forums are for people interested in, or who are currently working on, gender equity in sport, physical activity and recreation (SPAR) to come together to share successes and challenges, learn from one another and experts in the field, and discuss ideas

Dates:

- November 3, 2023
- November 17, 2023
- January 19, 2024
- February 16, 2024
- March 15, 2024

Time: 1:00 – 2:30 p.m. ET [Click on the dates to register.](#)

For more information about the FRIDAY FORUMS, contact Christa Costas-Bradstreet at christa@cpra.ca



Friday Lunch Book

Join us on **Friday, February 9, 2024** from 12:00 – 1:30 p.m. ET to discuss *Invisible Women. Data bias in a world designed for men* by Caroline Criado Perez (<https://carolinecriadoperez.com/book/invisible-women/>). Business book of the year in 2019, our facilitator for the book club, Mary Chow, even picked this for her own real-life book club!

The book is available online through Amazon, at Indigo books or on the [Invisible Women website](#).



Click on the date to register.

Sharing Knowledge Fridays and any day of the week

Join us on CPRA's *The Bench* any day of the week (it's free to join) to engage with colleagues from across the country who are also committed to gender equity in recreation and community sport. A facilitator will help moderate the chat. Ask questions, share stories or just follow along with the conversation.

Simply go to *The Bench* and join the *Gender Equity in Recreation, Sport and Physical Activity* community.

For more information about the FRIDAY FORUMS, contact Christa Costas-Bradstreet at christa@cpra.ca

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Women and Gender Equality Canada

Femmes et Égalité des genres Canada



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Friday Film Club

CPRA is partnering with the Canadian Sport Film Festival to bring you films about girls and women.

Film Friday #1: November 17–23 and [December 1](#)

You will have an opportunity to watch *Jesszilla* (90 minutes), between November 17 and 23 and then join online to discuss the movie on [December 1](#).



Tickets:

If you are interested, register by clicking on the Dec. 1 link. Tickets will be provided, free of charge, on a first come first serve basis. You will receive the link to the movie the morning of November 17.

Click on the dates to register.

Film Friday #2:

Dates and films to be announced

This session will include watching two short films together during the Forum and then spending time discussing!

